

FEEDZONE 1

MOUNT McDOUGALL MEMORIAL (FEED ZONE)

CHECK IN:

- STATION FLATS DAY USE AREA AT 7:00AM
- PICK UP RADIO AND CHECKPOINT PACKAGE

ACCESS:

- DRIVE FROM STATION FLATS APPROX. 34KM TO POWDERFACE RD./MOUNT MCDUGALL MEMORIAL

DUTIES:

- BE AT CHECKPOINT 10 AT 7:45AM
- SET UP FEED ZONE AREA (TENTS, TABLES, SIGNS)
- PREPARE RACER'S FEED ZONE BAGS (WE DO NOT PROVIDE FOOD AT THIS STATION, IT WILL COME FROM THE RACERS, WHICH WILL BE DELIVERED IN THE MORNING AFTER REG.)
- REPORT INJURIES TO FIRST AID
- CUT OFF FOR RIDERS ARRIVING LATER THAN 11:00AM
- REMAIN UNTIL SWEEPER ARRIVES, CLEAN UP AREA, THERE WILL LIKELY BE A LOT OF GARBAGE LEFT BEHIND
- PACK UP RACER'S FEED ZONE BAGS FOR PICK UP
- REMAIN UNTIL SHUTTLES HAVE PICKED UP RACERS AND BIKES
- CHECK IN AT STATION FLATS WITH VOLUNTEER ORGANIZER

NEAREST FIRST AID:

OTHER:

- BRING APPROPRIATE CLOTHING FOR THE WEATHER (RAIN JACKET, GLOVES, UMBRELLA, HAT, ETC.)
- BRING FOOD AND WATER FOR THE DAY

RADIO PROTOCOL:

- DUE TO THE LARGE NUMBER OF RADIOS, RADIO SILENCE IS MANDATORY! EXCEPT FOR THE FOLLOWING:
 - ARRIVAL AT CHECKPOINT
 - CHECK IN WITH PRECEEDING AND FOLLOWING CHECKPOINTS
 - FIRST RIDER THROUGH
 - LAST RIDER THROUGH
 - SWEEPERS ARE THROUGH
 - LEAVING CHECKPOINT
 - FIRST AID REASONS (PRIORITY)
 - INCASE OF ANY FIRST AID SITUATIONS ALL OTHER TRANSMITIONS ARE DISCONTINUED

FEEDZONE 2

DAWSON/TOM SNOW TRAIL JCT. (FEED ZONE)

CHECK IN:

- STATION FLATS DAY USE AREA AT 7:00AM
- PICK UP RADIO AND CHECKPOINT PACKAGE

ACCESS:

- DRIVE FROM STATION FLATS APPROX. 48KM TO DAWSON DAY USE AREA
- RIDE FROM DAWSON TRAIL HEAD APPROX. 1KM TO FEED ZONE AREA
- NEED TO HOOK UP WITH CHECKPOINT 20 AND BE READY TO LEAVE 7:30 AM SHARP

DUTIES:

- BE AT CHECKPOINT 19 AT 10:00AM
- HAUL FOOD INTO FEED ZONE
- SET UP FEED ZONE AREA (TENTS, TABLE, SIGNS)
- PREPARE FOOD FOR RACERS (THERE WILL BE CLIF BARS, CLIF SHOTS, BANANAS, ORANGES, WATER AND GATORADE)
- ONE CLIF BAR AND ONE CLIF SHOT PER RIDER
- REPORT INJURIES TO FIRST AID
- REPORT TO DAWSON START IF A RIDER DROPS OUT OF RACE AT THIS POINT
- CUT OFF ANY RIDERS THAT DO NOT REACH CHECKPOINT BY 1:00PM
- REMAIN UNTIL SWEEPERS (2) ARRIVE, CLEAN UP AREA, THERE WILL LIKELY BE A LOT OF GARBAGE LEFT BEHIND
- CHECK IN AT STATION FLATS WITH VOLUNTEER ORGANIZER

NEAREST FIRST AID:

OTHER:

- BRING APPROPRIATE CLOTHING FOR THE WEATHER (RAIN JACKET, GLOVES, UMBRELLA, HAT, ETC.)
- BRING FOOD AND WATER FOR THE DAY

RADIO PROTOCOL:

- DUE TO THE LARGE NUMBER OF RADIOS, RADIO SILENCE IS MANDATORY! EXCEPT FOR THE FOLLOWING:
 - ARRIVAL AT CHECKPOINT
 - CHECK IN WITH PRECEEDING AND FOLLOWING CHECKPOINTS
 - FIRST RIDER THROUGH
 - LAST RIDER THROUGH
 - SWEEPERS ARE THROUGH
 - LEAVING CHECKPOINT
 - FIRST AID REASONS (PRIORITY)
 - INCASE OF ANY FIRST AID SITUATIONS ALL OTHER TRANSMITIONS ARE DISCONTINUED