

FEED ZONE 1

POWDERFACE TR ROAD / PRAIRIE CREEK TR (FEED ZONE)

CHECK IN:

- STATION FLATS DAY USE AREA AT 7:30AM

ACCESS:

- DRIVE FROM STATION FLATS APPROX. 28.6 KM TO POWDERFACE RD./ PRAIRIE CREEK
- TRAILHEAD

DUTIES:

- BE AT FEEDZONE 1 AT 8:30AM
- SET UP FEED ZONE AREA (TENTS, TABLES, SIGNS)
- PREPARE RACER'S FEED ZONE BAGS (WE DO NOT PROVIDE FOOD AT THIS STATION, IT WILL
- COME FROM THE RACERS, WHICH WILL BE DELIVERED IN THE MORNING AFTER REG.)
- REPORT INJURIES TO FIRST AID
- REMINDER RIDERS OFF CUTOFF AT 10:30AM
- REMAIN UNTIL SWEEPER ARRIVES, CLEAN UP AREA, THERE WILL LIKELY BE A LOT OF
- GARBAGE LEFT BEHIND
- ARRANGE RACER'S FEED ZONE BAGS FOR RETURN
- CHECK IN AT STATION FLATS WITH VOLUNTEER ORGANIZER

NEAREST FIRST AID:

- CALL ROVING FIRST AID

OTHER:

- BRING APPROPRIATE CLOTHING FOR THE WEATHER (RAIN JACKET, GLOVES, UMBRELLA, HAT, ETC.)
- BRING FOOD AND WATER FOR THE DAY

FEED ZONE 2

2 KM Parking lot on Moose Mountain Rd

CHECK IN:

- STATION FLATS DAY USE AREA AT 9:45AM

ACCESS:

- DRIVE FROM STATION FLATS APPROX. 3 KM TO Moose Mountain Rd and drive up to 2KM parking lot.

DUTIES:

- BE AT FEEDZONE 2 AT 10:15 AM
- SET UP FEED ZONE AREA (TENTS, TABLES, SIGNS)
- REPORT INJURIES TO FIRST AID
- REMINDER RIDERS OFF CUTOFF AT 2:00PM
- REMAIN UNTIL SWEEPER ARRIVES, CLEAN UP AREA, THERE WILL LIKELY BE A LOT OF
- GARBAGE LEFT BEHIND
- CHECK IN AT STATION FLATS WITH VOLUNTEER ORGANIZER

NEAREST FIRST AID:

- CALL ROVING FIRST AID

OTHER:

- BRING APPROPRIATE CLOTHING FOR THE WEATHER (RAIN JACKET, GLOVES, UMBRELLA, HAT, ETC.)
- BRING FOOD AND WATER FOR THE DAY